



# PREVAIL

Hero of the Month!

**April 2019**

**Mary Rager**

It is my privilege to recognize Mary Rager, school counselor at Hamilton Southeaster High School, as Prevail's Hero of the Month. In September 2018, Prevail started offering psychoeducational support groups for sexual assault survivors at Hamilton Southeaster High School and Fishers High School.

Over the course of this partnership, Ms. Rager has been attune to the social, emotional, and academic needs of students who have been effected by sexual assault. While running groups in the school was a new experience for our advocates as well, Ms. Rager has assured that we have a space to meet that feels safe and confidential for the students, worked to arrange the student's schedules, and provides support over the course of the week to the students.

She has identified potential triggers for the participants and has been sensitive to their needs. She has diligently worked to collaborate, tailor the curriculum to the student's current needs, provide enthusiastic encouragement for their capacity to grow through this experience, and highlight their strengths that can support this growth.

**Thank you Mary! You are our Hero!**